

L'École Française de Bristol



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Pour faire vivre ton français

Intimate Care Policy

Last review date:	November 2025
Next review date:	November 2027

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

Children in nappies

- Staff undertake changing children when they need it and at each time all the children go to the toilet (before snacks and lunch time, before nap time)
- the nappy-changing area is a dedicated, semi-enclosed space in the classroom to insure children privacy and we use a changing table with stairs (to facilitate access for children) and a mat to lay children
- each child should have his/her own basket to hand with their nappies or pull ups and changing wipes
- disposable gloves and aprons are put on by staff before changing starts and the areas are prepared. Antibacterial spray and wipes are used to wipe over the changing mat before and after changing a child
- all staff are familiar with the hygiene procedures and carry these out when changing nappies
- in addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children
- children are encouraged to take an interest in using the toilet or potty.
- children are encouraged to wash their hands, and have soap and towels to hand.
- older children access the toilet when they have the need to and are encouraged to be independent
- nappies and pull ups are disposed of hygienically. They are bagged and put in the nappies' bin. Pants that have been wet or soiled are bagged for the parent to take home. If pants/underwear are too soiled they can be disposed of in the nappies' bin.
- The staff will put "Sudocream" in case of nappy rash.

Children not wearing nappies anymore:

- Children are encouraged to use the toilets independently but support is provided as necessary.
- Parents/carers should be reassured that if their child has an accident, it is not a problem and children will not be made to feel that it is an issue.
- Intimate care routines should always take place in an area which protects the child's privacy and dignity.
- The following steps will be taken to ensure health and safety of both staff and children in case of wet or soiled clothes:
 1. Alert another member of staff.
 2. Escort the child to a changing area, such as designated toilet areas.
 3. Collect any equipment and clothes.
 4. All adults should wear gloves and an apron.

5. The child should undress as appropriate and clean themselves as much as possible, under the verbal guidance of an adult if needed.
6. Soiled clothes should be placed inside carrier bags and given to parents at the end of the day. Plastic gloves should be disposed of in a designated bin.
7. Children are expected to dress themselves in clean clothing, wash their hands and return to class.
8. Adults should wash their hands thoroughly after the procedure.
9. The area must be cleaned and disinfected by an adult before anyone else is allowed access to it.

We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be considered a disciplinary matter.

Resources for parents:

[ERIC The Children's Bowel and Bladder Charity](#)

[NHS](#)